



Mrs. Vlasto's Class Newsletter March 2018

Calendar of Events

- March 1st: Math Field Day**
- March 2nd: Read Across America Day**
- March 3rd: BBQ Bash (Spanish Springs)**
- March 6th: Buffalo Pride Break-out sessions
6:00-8:00 (VHS)**
- March 8th: Adopt a kid, adopt a vet program**
- March 13th: FSA Writing Test**
- March 14th: 3rd Nine Weeks Ends**
- March 16th: No School**
- March 19th – 23rd: Spring Break**
- March 29th: Florida Museum of Natural
History field trip**
- March 30th: Report Cards Go Home**



FSA Information

For more information on the Florida Standards and Accountability, please visit:
<http://www.fldoe.org/accountability/assessments/k-12-student-assessment/fsa.shtml>

- FSA Portal provides resources for students and parents:
 - FSA Fact Sheet (overview)
 - Training Tests
 - ELA text-based writing rubrics (defines how points are given)
 - Test Item Specifications (define the content and format of the assessment and test items for each grade level and subject.)
 - Frequently Asked Questions (FAQ)

This is a good site for practice with the standards:
www.ixl.com

This is a good site for practice in Math Standards:
www.mathscore.com or www.adaptedmind.com

What can you do to prepare your child for success?

- The weekend before any testing, make sure your child keeps his/her normal sleeping schedule. Your child should be getting between 10-12 hours of sleep nightly.
- Make sure your child eats a healthy diet. This ensures top peak performance.
 - Limit sugars (juices, candy, sugary snacks)
 - Plenty of water (stay away from sodas and sugary juices)
 - Protein (eggs, meat, energy bars)
 - Calcium (milk products)
 - Whole Grains
- Low stress environment

Thank you for all of your encouragement at home and thank you for the privilege of teaching your child.



I hope you all have a safe and happy Spring Break!

Love,
Mrs. Vlasto

